

# Volunteering

If you are interested in volunteering please contact us

**Volunteering at DIAL LEEDS**  
 Tel No: 0113 467 6984  
 Email: [managers@dial-leeds.org.uk](mailto:managers@dial-leeds.org.uk)  
[www.dial-leeds.org.uk](http://www.dial-leeds.org.uk)  
 (website under design)

## We have the following volunteer vacancies:

- ◆ Volunteer Fundraiser.
- ◆ General Office Volunteer.
- ◆ PR and Marketing Volunteer.
- ◆ Social Enterprise Volunteer
- ◆ Networks, Groups and Organisations Outreach Worker .

Please contact us on 0113 467 6984 or email us at [managers@dial-leeds.org.uk](mailto:managers@dial-leeds.org.uk) for a role description.



 <https://www.facebook.com/DIALLEEDSLIMITED/>

 <https://twitter.com/DialLeeds>

## Contacting DIAL LEEDS:

### For Social Enterprise:

Tel No: 0113 467 6981  
 Email: [socialenterprise@dial-leeds.org.uk](mailto:socialenterprise@dial-leeds.org.uk)

### For Admin:

Tel No: 0113 467 6982  
 Email: [admin@dial-leeds.org.uk](mailto:admin@dial-leeds.org.uk)

### For Volunteering/Managers:

Tel No: 0113 467 6984  
 Email: [managers@dial-leeds.org.uk](mailto:managers@dial-leeds.org.uk)

### For all other enquiries:

Tel No: 0113 467 6983  
 Email: [supportservices@dial-leeds.org.uk](mailto:supportservices@dial-leeds.org.uk)



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# DIAL LEEDS NEWSLETTER

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## DIAL LEEDS Pop Up Happiness Café:

Regular sessions are held at DIAL LEEDS Hub, Photon House, Percy Street, Leeds, LS12 1EL on Monday, Wednesday and Fridays between 11.00am and 3.00pm.

Call 0113 467 6981

## EMOTIONAL WELLNESS

Have a positive attitude, high self-esteem, a strong sense of self, and the ability to recognise & share a wide range of feelings with others in a constructive way.



## The DIAL LEEDS Happiness Café..... A safe space for disabled people to get together:

- To provide support for and receive help from their peers.
- To overcome social isolation and to remove the barriers for participating fully in the community.

There will be art therapies, mood boosting books, social activities, themed events and lots of time for talking and listening.



Drop in for a chat, a cuppa and to relax in a safe, supportive and positive environment!



This project is funded by The People's Health Trust which is an independent charity addressing health inequalities across Great Britain. It works closely with each of the society lotteries and makes grants using money raised by the Health Lottery.

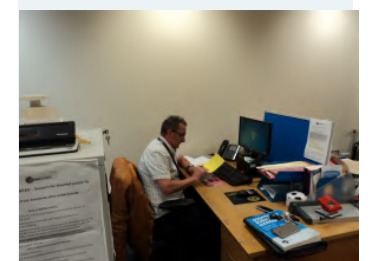


Issue 1  
 Summer 2018

## DIAL LEEDS advice sessions at Leeds West Foodbanks.



DIAL LEEDS holds regular mental health peer support sessions at Bramley Foodbank, Trinity Methodist Church, Town Street, Leeds, LS13 2EP.



These sessions run between 1.00pm and 3.00pm every Wednesday and are open to any West Leeds Foodbank user.

# Fundraising

DIAL LEEDS voluntary support.....

Following the withdrawal of our core funding for the Disability Information and Advice Service in March 2017 (due to budget pressures on Leeds City Council and Leeds CCG) - we still continue to support a small number of individuals facing particularly complex and challenging circumstances. We do this on a voluntary basis as independent disability "experts by experience" - when no one else can assist. The money that we raise each year from donations and sponsorship goes directly to helping to fund this vital work for the most vulnerable disabled people in Leeds.

You can help with this by pledging your support for DIAL LEEDS. Every penny makes a difference to what we can achieve.

Thank you!

## Raised so far this year!

### London Marathon/Crowd Funding:

DIAL LEEDS Trustee Arifa along with a friend Nicola ran the London Marathon on the 22<sup>nd</sup> April 2018 and raised £1,200.

### Morrisons Bucket Collection:

DIAL LEEDS Chair Paul Jarvis organised this and along with one of our volunteers Don did the collection on Friday 11<sup>th</sup> May. They raised £44.57.

## Future Fundraising Activities:

ASDA in-store fundraising event (Killingbeck store)

ASDA Green Token Scheme

DIAL LEEDS  
Please give generously.

## How you can help!

### Amazon Smile:

We have signed up to Amazon Smile which donates 0.5% of everything you spend to DIAL LEEDS.

Log on to - <https://smile.amazon.co.uk> using your usual amazon log in.

Enter D.I.A.L (Leeds) Limited into the search for charity box.

Choose D.I.A.L (Leeds) Limited and continue, shop as normal.

If you have any ideas or can help in any way please get in touch.

Hold a coffee morning, a cake sale, a sponsored event, or anything you can think of!



# Social Enterprise (pay for services)

## Wheelchair hire:

DIAL LEEDS offers a manual wheelchair hire scheme.

Per day - £3.00; per week - £15.00; per weekend (Fri - Mon) - £5.00;

Deposit - £20.00; For longer hire periods please contact us.



## Wheeled walkers:

DIAL LEEDS offers a wheeled walker hire scheme.

Per day - £2.00; per week - £7.50; per weekend (Fri - Mon) - £3.50;

Deposit—£10.00; We also have walking frames available.

## Radar (NKS) toilet key sales:

### Costs (per key):

£3.25 if collected from the DIAL LEEDS Hub

£4.50 if supplied by post (second class)



## Small items of disability equipment for sale

From August 2018 DIAL LEEDS plans to have an online shop supported by a "try before you buy" drop in store and brochures. We hope to be able to accept online, phone and face to face orders using a variety of payment methods including card payments, cash and cheques.

## No win no fee\* welfare benefits tribunal representation:

We will make an initial \*administration charge of £10 in order to start working on your appeal.

If the tribunal is successful we will then charge a fee of 10% of any arrears of benefit that you are awarded which will be done when you receive payment from the DWP.

## Lasting Power of Attorney Support and Advice Service:

This is a pilot scheme offering a comprehensive service that looks at whether you will need Power of Attorney (POA), Court of Protection (COP) or other legal options. Our model of service delivery is peer support and we always act in the best interests of the individual disabled person.

Please contact us on 0113 467 6981 for full prices on all our products and services!